

# INSTRUCTION SHEET

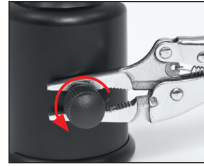
## TENSION REPLACEMENT KNOB BH-1 & BH-3



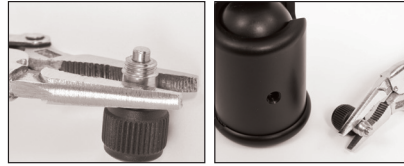
**TENSION REPLACEMENT KNOB KIT: BH-TRK**



Tool required: Small needle nose vice grip (not included)



**STEP 1:** Clamp vice grip on stem of tension knob and turn counter clockwise until knob is removed.



**STEP 2:** Clamp vice grip to replacement tension knob.



**STEP 3:** Apply small amount of Loctite (supplied) to the threads only of the replacement knob.  
**DO NOT APPLY LOCTITE TO ANY OTHER PART OF KNOB OR BALL HEAD.**



**STEP 4:** Insert knob into ball head and turn clockwise.



**STEP 5:** Tighten with vice grip (clockwise).



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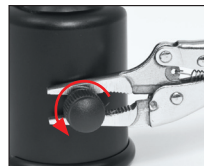
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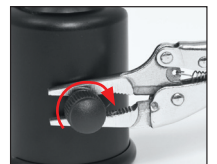
**STEP 2:** Clamp vice grip to replacement tension knob.



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**DO NOT APPLY LOCTITE TO ANY OTHER PART OF KNOB OR BALL HEAD.**



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